

Female pain template

Brief Pain History	
Onset:	
Evolution:	

<b>Pain Description</b>	
Provocation & Palliation:	
Quality / Region & Radiation:	
Severity: * Average: Select / 10 * Best: Select / 10 * Worst: Select / 10	
Time:	
Pain Diagnoses:	
Brief Pain Inventory (BPI): <span style="float: right;">* BPI Interference Score: Select / 70</span>  <i>The higher the Interference Score, the more that the patient's pain interferes with function and contributes to his/her disability.</i>	
Self-report version of the Leeds Assessment of Neuropathic Symptoms and Signs pain scale (sLANSS) <span style="float: right;">* sLANSS Score: Select / 24</span>  Score 0-11, neuropathic mechanisms are <i>unlikely</i> to be contributing to the pain problem. Score 12-24, neuropathic mechanisms are <i>likely</i> to be contributing to the pain problem.	

Medical Co-morbidities and Surgeries:	
Psychiatric Co-morbidities:	

<b>PSYCHOSOCIAL HISTORY</b>	
Coping Style:	
Previous Psychiatric Hospitalizations and Outpatient Treatment:	
Previous Substance Abuse Treatment:	

**Mood Assessment (HADS & PCS)**

Hospital Anxiety and Depression Scale (HADS)

\* Anxiety Score: Select / 21

\* Depression Score: Select / 21

Score 0-7, non-case

Score 8-10, borderline case

Score 11-21, definite case

Pain Catastrophizing Scale (PCS)

\* PCS Score: Select / 52

Score 0-14, low catastrophizing

Score 15-24, intermediate

Score 25-52, high catastrophizing

*A patient with a high PCS score likely has a significant element of pain-related anxiety and pain avoidance behaviour contributing to his/her disability.*

**CURRENT FAMILY HISTORY**

Describe the client's current living environment and support network:

Describe the persons that the patient is currently living with (Include drug and alcohol use):

**WORK HISTORY**

\* Is this client currently working:

If Yes, describe the current work environment and its effects on the client's experience with pain:

Education:

Childhood Trauma:

**SOCIAL AND LEISURE HISTORY**

Type and Amount of Exercise / Hobbies:

**Mental Health Status**

Mood:

Affect:

Memory:

Processes:

Hallucinations:

Judgement:

Insight:

Impulse  
Control:

### ADDICTION RISK

Smoker:

If Yes,  
#cigs/day:

Types:

Duration(yrs):

Time of 1st cig  
of day:

Comment:

NP

Comment:

Drinks Alcohol:

Comment:

If Yes, what does  
client like:

Quantity / Frequency  
of Alcohol:

Other:

\* Significant  
Drug History:

Notes:

Other:

If Yes to Drinks Alcohol, proceed to the CAGE-AID questionnaire: In the past year, have you ever ...

a) Felt that you wanted or needed to cut down on your drinking or  
drug use: Select y/n

b) Been annoyed or angered by others' complaining about your  
drinking or drug use: Select y/n

c) Felt guilty about the consequences of your drinking or drug use: Select y/n

d) Had a drink or used drugs in the morning (eye-opener) to  
decrease hangover or withdrawal symptoms: Select y/n

*CAGE Score: One positive response to any question would suggest caution. 2-4 positive responses may have a sensitivity varying from 60-95% and specifically from 40-95% in diagnosing serious alcoholism.*

CAGE  
score: 0 / 4

Other:

Opioid Risk Tool (ORT)

1. Family History of Substance  
Abuse:

2. Personal History of  
Substance Abuse:



